

# Sermon Notes

## Like a Holiday - Matt 11:28-30

### September 6, 2020

#### I. Introduction

- a. beautiful illustration of last week's message... walk in love, trust God, humility, honor, planting seed... didn't have to give, heart wanted to...  
Prov 3:5-10... "honor Him with possessions... barns fill, vats overflow..."  
Prov 11:24-25... "give freely, gain more... withhold, become poor..."  
Prov 28:25... "those who trust in the Lord will prosper..."  
Luke 6:38... "give, then receive... gift return in full... running over into lap..."  
2Cor 9:6-9... "plant only a few seeds, get a small crop... plant generously and get generous crop... decide in your heart... God loves a cheerful giver..."  
1Thess 4:9-12... "love one another... so you may lack nothing..."
- b. word shows us path... follow God... live prosperously in all areas... pray...  
Deut 5:33... "stay on God's path... then you will live prosperous lives..."  
2Tim 3:16... "all scripture... teaching, rebuking, correcting, training..."

#### II. Like a Holiday

- a. does Labor Day confuse anyone else... celebrate work by taking day off... anyone else feel like they're on never-ending treadmill...
- b. 1960 Senate Subcommittee said technology would reduce workweek to 22 hours by 1980 and 14 hours by 2000... anyone experiencing that... in 2062, George Jetson is projected to work an average of 9 hours per week...
- c. Harvard Business School... technology has managers and professionals in Asia, Europe, US spending 80-90 hours a week working or monitoring work...
- d. Harrison Ford... *a man only wants what he ain't got, for me, rest and peace...*
- e. as a commodity... rest is priceless... be rich if you could bottle and sell... know exactly where you can find more than enough... only comes from God...  
Exo 33:14... "I will personally go with you... and I will give you rest..."  
Psa 62:1... "I am at rest in God alone..."  
Isa 32:18... "My people... will live in undisturbed places of rest..."  
Matt 11:28-30 MSG... "are you tired, worn out... burned out on religion... come to Me... get away with Me and you'll recover your life... I will show you how to take a real rest... walk with Me, work with Me... learn the unforced rhythms of grace... keep company with Me and learn to live freely and lightly..."  
2Thess 1:7... "God will give you who are troubled rest... when Jesus appears..."  
Heb 4:9... "there is a special rest... waiting for the people of God..."
- f. real rest is only found in a relationship with Jesus... rest is so important that God tells us our main work should be to enter into rest...  
Heb 4... "promise of entering His rest still stands... fear you may fail to... grace didn't benefit them because not mixed with faith... we who believe enter rest... rest from your works, just like God... make every effort to enter His rest..."

- g. one of main things God gave Israelites was rest... but there was a fight first...  
Josh 1:13-15... "the Lord your God will give you rest... your warriors, fully armed, must help them conquer the land until the Lord gives them rest..."
- h. our fight... our battle... our efforts... all need to be focused on believing God...  
Psa 95... "do not harden your hearts (unbelief)... they will not enter My rest..."  
Rom 10:14-17... "how can they believe without hearing about Him..."  
Heb 3:19... "they were unable to enter (rest) because of unbelief..."  
Heb 4:1-6... "we who believe enter rest... ready since beginning of world... rest is there... some who received good news don't enter because of unbelief..."  
1Tim 6:12... "fight the good fight of faith (belief)..."
- i. not about coming to church, reading bible, serving, giving, praying... all good things... not even about being a Christian... about intimate relationship with Jesus... five things to help us find rest...  
Matt 11:28-30 MSG... "are you tired, worn out... come to Me... get away with Me... walk with Me, work with Me... keep company with Me..."
- j. basically... hang out with Jesus... Jews thought they would find rest if they just could keep all the 600 rules and regulations of the law... there is no rest trying to be right with God under the law...  
Acts 15:10... "burdening believers with yoke (Mosaic law) no one can bear..."  
Rom 5:1-9... "made right by faith (belief)... peace with God because of Jesus..."  
Gal 2:16... "no one will ever be made right with God by obeying the law..."  
1John 5:3... "His commands are not a burden..."
- k. key to rest is knowing what the finished work of Jesus has done... if its finished, you don't have to do anything to complete it... about Him, not you...  
John 19:30... "it is finished..."  
teleo... bring to close; fulfill, accomplish; perform last act which completes a process...  
Psa 103... "He forgives all your sins... He heals all your diseases..."  
Isa 53:3-5... "the punishment for our peace was on Him..."  
Dan 9:24... "the Messiah will bring in everlasting righteousness..."  
John 6:47... "truly I tell you... anyone who believes has eternal life..."  
Heb 8:12... "I will be merciful... will never again remember their sins..."
- l. created to do good works... but trying to do good works to please God will never bring rest... never enough... works don't please God, faith does... as you live in faith (belief), it naturally produces good works...  
Isa 64:6... "all our righteousnesses are like filthy rags..."  
John 6:28-29... "what works does God require... believe in the One He sent..."  
Rom 1:16-17... "righteousness of God revealed... righteous live by faith..."  
James 2... "faith without works is dead... faith is active with works..."
- m. what is true rest... fishing, reading, naps, golf, shopping, knitting... real rest is Holy Spirit directed activity... when you follow HS, rest follows in every area of your life... every day will be like a holiday...  
Psa 104... "all depend on you... when you supply... they are richly satisfied..."  
John 4... "He needed to go thru Samaria... worn out, sat wearily by well... My nourishment comes from doing will of God and to accomplish His work..."  
Acts 17:25... "He Himself gives everyone life and breath and all things..."  
Gal 5:16-26... "let HS guide life... when directed by HS, not under obligation to law... when HS controls, HE will produce love, joy, peace, patience, kindness, goodness... let us follow the Spirit's leading in every part of our lives..."

## Rest

Isa 32:18... *My people shall dwell in quiet resting places...*

**Peace and rest** belong not to the unregenerate, they are the peculiar **possession of the Lord's people**, and of them only. The God of Peace gives perfect peace to those whose hearts are stayed upon Him.

When man was unfallen, his God gave him the flowery bowers of Eden as his quiet resting places; alas, how soon sin blighted the fair abode of innocence. In the day of universal wrath when the flood swept away a guilty race, the chosen family were quietly secured in the **resting place of the ark**, which floated them from the old condemned world into the new earth of the rainbow and the covenant, herein typifying Jesus, the ark of our salvation.

Israel rested safely beneath the blood-besprinkled habitations of Egypt when the destroying angel smote the first-born; and in the wilderness the shadow of the pillar of cloud, and the flowing rock, gave the weary pilgrims sweet repose.

At this hour, we **rest in the promises** of our faithful God, knowing that His words are full of truth and power. We **rest in the doctrines** of His Word, which are consolation itself. We **rest in the covenant** of His grace, which is a haven of delight. More highly favored are we than David in Adullam, or Jonah beneath his gourd, for none can invade or destroy our shelter.

The person of **Jesus is the quiet resting-place of His people**, and when we draw near to Him in the breaking of the bread, in the hearing of the Word, the searching of the Scriptures, prayer, or praise, we find any form of approach to Him to be the return of peace to our spirits.

*I hear the words of love, I gaze upon the blood,  
I see the mighty sacrifice, and I have peace with God.  
'Tis everlasting peace, sure as Jehovah's name,  
'Tis stable as His steadfast throne, for evermore the same:  
The clouds may go and come, and storms may sweep my sky,  
This blood-sealed friendship changes not, the cross is ever nigh.*

Charles Spurgeon  
Morning and Evening Devotional – September 6<sup>th</sup>

## Sermon Study

*Like a Holiday* - Matt 11:28-30 - September 6, 2020

1. Read **Deut 5:33** and **2Tim 3:16**. How do **you** stay on God's path?
2. How **valuable** to you is rest? Are you getting enough? Where do you find **real rest**? Read **Exo 33:14... Psa 62:1... Isa 32:18... Matt 11:28-30 MSG... 2Thess 1:7... Heb 4:9**. What would a real rest look like to you?
3. Does rest come **easy**? Read **Josh 1:13-15... Psa 95:10-11... Rom 10:14-17... Heb 3:19; 4:16... 1Tim 6:12**. What is the **fight**?
4. Is it possible to achieve rest by **obeying** law? Read **Acts 15:10... Rom 5:1-9... Gal 2:16... 1John 5:3**. Why is that so?
5. Rest is **Holy Spirit inspired activity**. How is it possible that an activity could be rest? Read **John 4** and **Gal 5:16-26**. What happens when **we follow** the Holy Spirit's guidance in all areas of our life?

The bow cannot be always bent without fear of breaking. Rest is as needful to the mind as sleep to the body. Rest time is not waste time. Charles Spurgeon

You have created us for Yourself, and our heart cannot be stilled until it finds rest in You. Augustine