

# Sermon Notes

## Ticks - Prov 23:7

### June 7, 2020

#### I. Introduction

- a. (Thirsty Thursday video)...
- b. exposure leads to thoughts... thoughts to feelings... feelings to actions... results of life aren't random... what is your heart being exposed to...  
Prov 4:23... "guard your heart... it determines the course of your life..."
- c. I can't help how I feel... that is a lie... God gave us emotions... they're good... but not when they control your life... make great servant, lousy master...
- d. you are accountable for your emotions... *feelings on inside, caused by pain or pleasure to move you in a certain direction*... devil brings negative emotions to move you away from God... knows your triggers...  
2Tim 3:16... "all scripture... useful to teach us what is true... makes us realize what is wrong... corrects us... teaches us to do right..."
- e. devil doesn't want you on God's path... exposes you to ungodly things which bring ungodly thoughts... ungodly feelings... ungodly actions... taking you farther and farther away from God... how do we deal with that... pray...

#### II. Ticks

- a. think about your life situation right now... good or bad, do you ever wonder, *how did I get here*... all started with something you were exposed to... created thoughts... feelings... actions/decisions/results...
- b. not saying negative emotions won't come... but how do we deal with them when they do... critical to be emotionally stable...  
James 1... "consider it great joy when troubles come... testing of faith produces endurance... which allows us to be mature, lacking nothing... doubter is driven and tossed by the wind... should not expect to receive anything from God..."
- c. exposure to world leads to death... exposure to Word leads to life... senses are for enjoying life, not controlling life... we should be moved by belief in Word of God... not what we see, feel, taste, touch, hear...  
Rom 8:6-11... "carnal mind is death... spiritual mind is life... in Christ, body is dead, spirit is life... He will give life to your mortal body thru HS..."  
2Cor 5:7... "we walk by faith (belief)... not by sight..."  
Col 2:21... "don't handle, taste, touch... human teachings that seem wise... but provide no help in conquering a person's evil desires..."
- d. to change actions, must change how you feel... to change feelings, must change how you think... to change thoughts, must change what you're exposed to...  
Prov 23:7... "as he thinks in his heart... so is he..."  
1Cor 15:33... "don't be deceived, *bad company corrupts good morals*..."

- e. what do you think about most... that is person you will be... are you holding on to bitterness, anger, worry, sorrow... or peace, joy, love...  
Acts 8:23... "poisoned by bitterness... held captive by sin..."  
Rom 3:14... "full of bitterness... destruction and misery follow..."  
Eph 4:31... "get rid of all bitterness, rage, anger... all types of evil..."  
Heb 12:15... "watch out for bitterness... troubles you... corrupts many..."
- f. in all this... nothing is going to happen unless you say it... not based on your feelings, but on truth... results come from what you believe and speak...  
Gen 1... "God said, then God saw... God said, then God saw..."  
Exo 14:15... "why are you crying to Me... speak to Israel, *go*..."  
Psa 103... "my soul, bless the Lord... He forgives, heals, redeems..."  
Prov 18:21... "words kill, give life... poison or fruit... you choose..."  
1Cor 2:13... "we speak words given to us by HS... to explain truth..."  
2Cor 4:8-18... "I believed, therefore I spoke... we believe and speak..."  
Eph 5... "understand God's will... speak in psalms, hymns, spiritual songs..."
- g. often when in need... turn to everything else before God... if so, your results will be limited, temporary... and only what the world can offer...  
Rom 1:16... "Gospel is THE power to deliver, rescue, heal, keep safe..."  
Rom 8:6-11... "carnal mind is death... spiritual mind is life..."  
Gal 5:16-23... "follow man, result wickedness... follow HS, result love, joy..."
- h. God is enough... let Him be... expose your life to His promises... leads to Godly thinking... Godly feelings... Godly actions and results...  
1Cor 15:34... "awake to righteousness... and sin not (wander from God)..."  
Titus 2:11-12... "grace... instructs us to deny lust... live godly lives..."
- i. are we forgiven (absolutely)... but decisions come with consequences that will affect you, and others, for rest of your lives... sin is always destructive... what you expose yourself to, good or bad, will eventually determine your results...  
Mark 10:6-9... "God made them male and female... two become one..."  
1Cor 6... "flee from sexual immorality... glorify God with your body..."  
Heb 13:4... "marriage should be honored... marriage bed kept pure..."
- j. don't think this affects you... look at your life... are you where you want to be... if so, ignore me... keep doing what you're doing because it feels good, even though its not doing anything good for your life... sow, reap...  
Job 4:8... "those who plant trouble and evil... will harvest the same..."  
Prov 11... "give freely, become wealthy... be stingy, lose everything..."  
Gal 6:7... "don't be misled... you will always harvest what you plant..."
- k. exposure leads to thoughts... thoughts lead to feelings... feelings lead to actions... actions lead to habits... habits lead to character... which takes you to the place you're at today... that's how it works... good or bad...  
Matt 7:13-14... "path that leads to destruction... path that leads to life..."
- l. don't have to remain where you're at... dominated by thoughts and feelings... your choice... life change can happen by just listening to someone who's been there... but life change will always happen by exposure to God's Word... pray...  
Prov 16:31... "gray hair crown of glory... gained by living a godly life..."  
Prov 20:29... "gray hair of experience is the splendor of the old..."  
Prov 4... "pay attention to My words... life and health to those who find..."  
Luke 8:18... "take care how you listen... whoever has will be given more..."

## Sin

Gen 39:12... *he left his cloak in her hand and fled...*

In contending with **certain sins** there remains **no mode of victory but by flight**. The ancient naturalists wrote much of basilisks, whose eyes fascinated their victims and rendered them easy victims; so the mere gaze of wickedness puts us in solemn danger.

**He who would be safe from acts of evil must haste away from occasions of it**. A covenant must be made with our eyes not even to look upon the cause of temptation, for such sins only need a spark to begin with and a blaze follows in an instant.

Who would wantonly enter the leper's prison and sleep amid its horrible corruption? He only who desires to be leprous himself would thus court contagion. If the mariner knew how to avoid a storm, he would do anything rather than run the risk of weathering it. Cautious pilots have no desire to try how near the quicksand they can sail, or how often they may touch a rock without springing a leak; their aim is to keep as nearly as possible in the midst of a safe channel.

This day I may be exposed to great peril, let me have the serpent's wisdom to keep out of it and avoid it. The wings of a dove may be of more use to me today than the jaws of a lion. It is true I may be an apparent loser by declining evil company, but I had **better leave my cloak than lose my character**.

It is not needful I should be rich, but it is **imperative upon me to be pure**. No ties of friendship, no chains of beauty, no flashings of talent, no shafts of ridicule must turn me from the wise resolve to flee from sin. The devil I am to resist and he will flee from me, but the lusts of the flesh, I must flee, or they will surely overcome me.

O God of holiness preserve thy Josephs, that Madam Bubble bewitch them not with her vile suggestions. May the horrible trinity of the world, the flesh, and the devil, never overcome us.

Charles Spurgeon  
Morning and Evening Devotional – July 25<sup>th</sup>

## Everything

Col 3:4... *Christ, who is our life...*

Paul's marvelously rich expression indicates, that Christ is the source of our life. *You have he quickened who were dead in trespasses and sins*. That same voice which brought Lazarus out of the tomb raised us to newness of life. He is now the substance of our spiritual life. It is by His life that we live. He is in us, the hope of glory, the spring of our actions, the central thought which moves every other thought. **Christ is the sustenance of our life**.

What can the Christian feed upon but Jesus' flesh and blood? *This is the bread which cometh down from heaven, that a man may eat thereof, and not die*. O wayworn pilgrims in this wilderness of sin, you never get a morsel to satisfy the hunger of your spirits, except ye find it in Him! **Christ is the solace of our life**.

All our true joys come from Him; and in times of trouble, His presence is our consolation. There is nothing worth living for but Him; and His lovingkindness is better than life!  
**Christ is the object of our life**.

As speeds the ship towards the port, so hastes the believer towards the haven of his Saviour's bosom. As flies the arrow to its goal, so flies the Christian towards the perfecting of his fellowship with Christ Jesus. As the soldier fights for his captain, and is crowned in his captain's victory, so the believer contends for Christ, and gets his triumph out of the triumphs of his Master. *For him to live is Christ*. **Christ is the exemplar of our life**.

Where there is the same life within, there will, there must be, to a great extent, the same developments without; and if we live in near fellowship with the Lord Jesus we shall grow like Him. We shall set Him before us as our Divine copy, and we shall seek to tread in His footsteps, until He shall become the crown of our life in glory. Oh how safe, how honoured, how happy is the Christian, since **Christ is our life!**

Charles Spurgeon  
Morning and Evening Devotional – August 10<sup>th</sup>